

Ten-Week Lesson Outline

ARTIST: Sadie Yarrington (Invert/ED)

ARTFORM: Dance

UNIVERSAL THEME: Communicating and Story Telling through Movement

CURRICULUM INTEGRATION: Language Arts, Social Studies, Science, Music

ASSESSMENT STRATEGIES: Weekly reflection on materials, in class performances

Dance, as an art form, is the universal language of our imaginations.

ONE – Moving Our Bodies

Objective: Students familiarize themselves with a daily warm-up, personal space bubble, and dancing in one place.

Skills: Identify & perform axial movement with a variety of energies and levels

Task - Students will be able to:

- Learn class warm-up (will execute each class)
- Individually improvise and explore movements based off verbal/visual cues from teacher

Notes - Physical and visual (on paper/whiteboard) examples as well as imagery in the warm-up

TWO – Traveling Through Space

Objective: Students experience a variety of ways to travel through space.

Skills: Identify and perform locomotor movements (hop, skip, march, etc) & time/tempo (fast, slow, etc)

Task - Students will be able to:

- Develop physical strength, flexibility, balance and endurance
- Demonstrate movements that travel through space

Notes – “Remote Control” exercise

THREE – Shapes, Shapes, Shapes!

Objective: Explore and understand a variety of shapes that can be made with the body.

Skills: Identify and perform angular, curved, strong, symmetric, asymmetric, organic, emotional and balancing shapes

Task - Students will be able to:

- Demonstrate a variety of shapes with the body
- Identify three levels in dance – high, medium, low
- Participate in the ‘Haunted Museum’ game

Notes – Will cover geometric shapes as well as organic shapes or any other shape concepts they are covering in classroom.

FOUR - Dancing with a Partner

Objective: Become comfortable moving with a partner

Skills: Focus on a partner, work with a partner using non-verbal communication, follow and lead with movement

Task - Students will be able to:

- Demonstrate partner dancing through mirroring, shadow dancing, and shape shifting exercises
- Demonstrate good team work skills

Notes – partners can be chosen by teacher if needed.

FIVE – Dancing with a Partner cont.

Objective: Investigate all the ways we can dance with a partner

Skills: Non verbal communication, memorization, unison

Task - Students will be able to:

- Identify gestures that they do every day
- Develop a gesture phrase with a partner and perform

Notes – Gestures can communicate habits they have in their daily life such as a morning routine or getting ready for bed.

SIX - Pathways

Objective: Students add a variety of pathways to their partner dances.

Skills: Individually execute curvy, zig-zag, spiral, dotted, etc pathways. Recall movement from the week before.

Task - Students will be able to:

- Demonstrate pathways within their space bubble
- Demonstrate pathways traveling through space with a partner

Notes – Will try to create partner dance using axial, locomotor, shapes & pathways.

SEVEN – Meaning in movement

Objective: As a class, develop a story that can be told through movement with a clear beginning, middle and end

Skills: Express meaning in movement, collaboration

Task - Students will be able to:

- Identify actions & emotions in movement
- Begin to draw their own dancing story/adventure

Notes – Need Markers & Paper for each student

EIGHT - Dancing Adventures

Objective: In pairs, develop an adventure that can be told through movement

Skills: Determine the setting, characters, and events in the story and express them using non-verbal communication (movement)

Task - Students will be able to:

- Draw a story/fantastic adventure

Notes – One idea would be to work with a story they are reading or have read in class, something the students are familiar with. Will need paper and markers for each student.

NINE – Put it all Together!

Objective: Students rehearse and adjust their duets and story dances to prepare for a showing/performance.

Skills: Participate in a full class rehearsal, work on memorizing their ideas/dances, peer edit

Task - Students will be able to:

- Memorize and perform story dances with a partner
- Perform with commitment & energy
- Practice proper audience etiquette

Notes – each class will vary as to what will be rehearsed and performed. May just be duets, or a full class story, shapes, examples of warm-up exercises etc

TEN – Let’s share our work!

Objective: Students perform their dances with energy and commitment for an audience.

Skills: Role of the performer, role of an audience member, memorizing a score/dance

Task - Students will be able to:

- Perform a sequence of gesture duets and stories for an audience.

Notes – Invited guests (parents, teachers, students) can attend