

WALK

THE

walk

Zine Edition

Invertigo Dance Theatre presents the first
Walk the Walk Zine, a digital & paper collection
of stories, reflections, riffs, and compositions.
Launched at West Hollywood's
Plummer Park, TDOR 2022.

Origin story

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i first envisioned Walk the Walk
because i feel like my people
are spinning a public story
that needs to be seen, told, and
represented

as trans / nonbinary / gnc / intersex folx,
we each conjure a unique walk
into & through the world. it takes
a lot to walk out the door and be
all the things we each are.

i believe our walks are MABLE & BRIT
& COURAGE & BRILLIANT & REAL AF!

as a trans person finding my way, i feel
a part of a larger amoeba, a gender-
expanding, species-expanding story
that is rippling out and shifting the world
as we walk through it.

Walk the Walk is a space for us.
To discover and conjure the shape/s
of our trans/forming story.

Walk that walk,

k. bradford

Walk the Walk is a community theatre project in the making! With a California Arts Council grant, Invertigo will present a staged production of Walk the Walk in 2023.

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Want to be involved? Got stories, material, daily choreographies about your walk?

Stay in touch! Invertigo will offer a call to artists in early 2023 to build an ensemble for a multidisciplinary Walk the Walk production.

Stay tuned!

What's your
Walk?

☺ A big thanks to the City of West Hollywood
for supporting the Kickstart of Walk the Walk!

info@invertigodance.org ✉

424.229.2141 ☎
Stay tuned!

More Walk the Walk
in 2023!

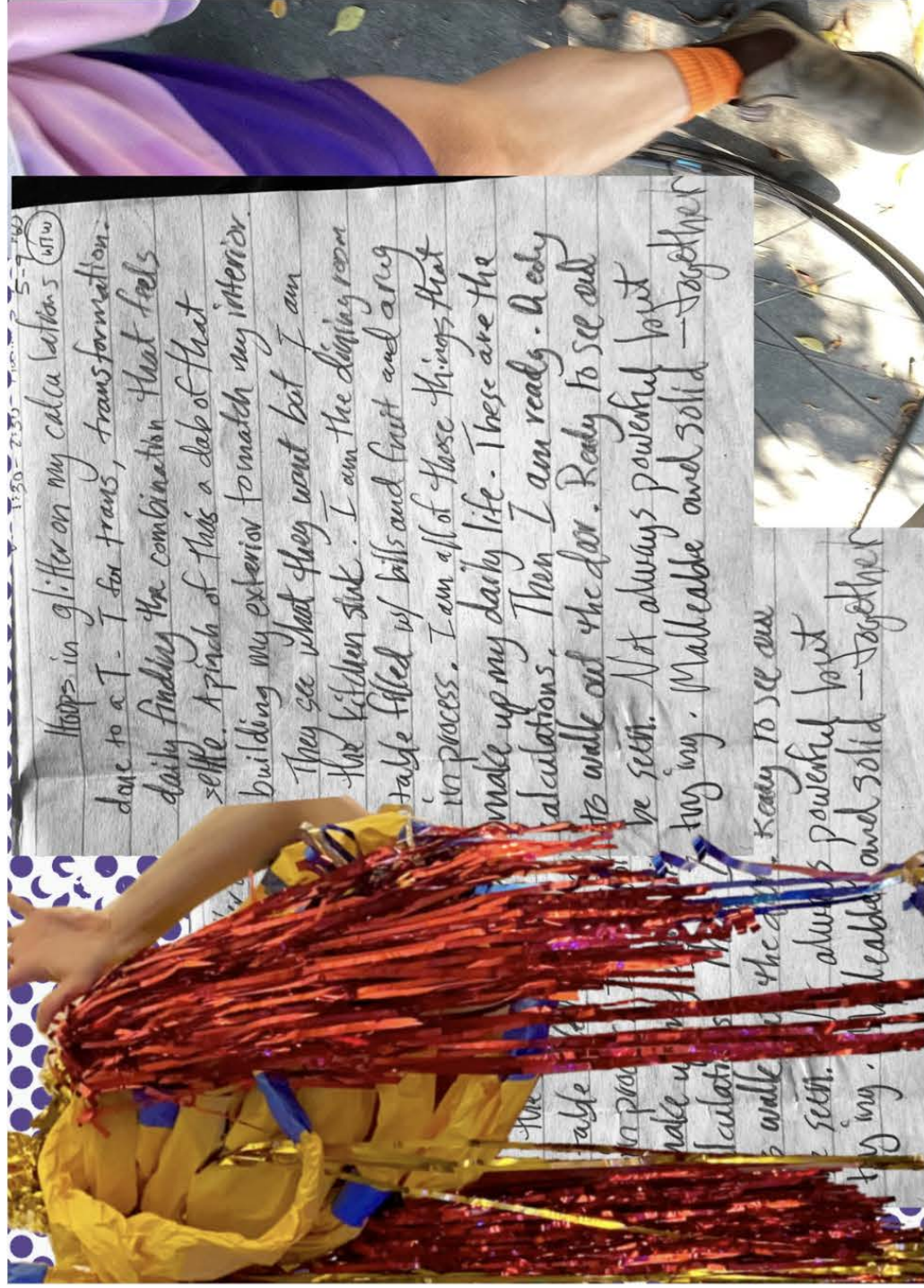
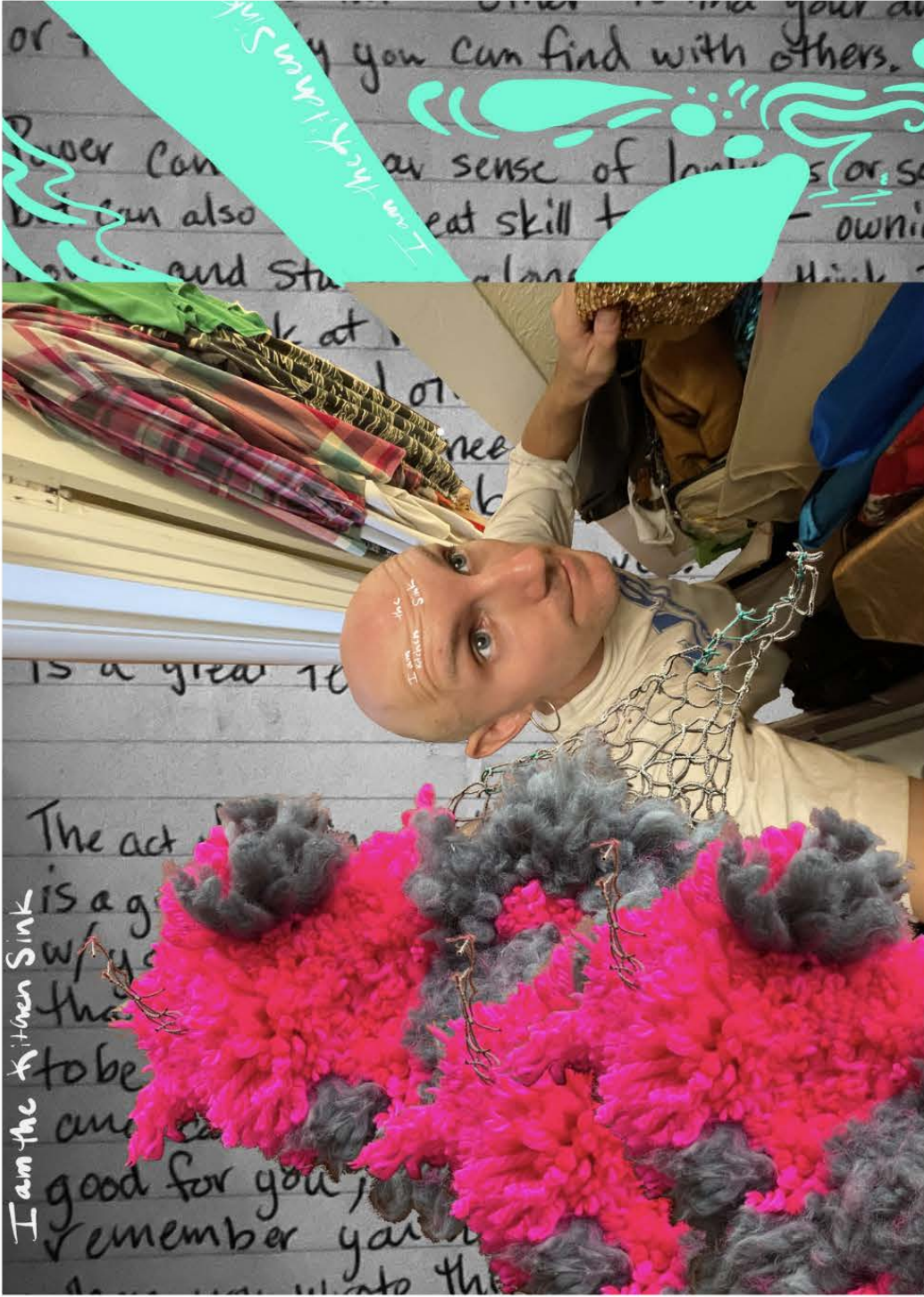
More
Warm
thanks
to our
WtW Artists ☺

Each day, each night,
through each year, and on
Transgender Day of
Remembrance

We take time

to reflect and honor the
lives and memories of
transgender/gnc people
who we've lost
due to anti-transgender
violence.







HOW DID YOU LEARN TO SET BOUNDARIES? WHAT TRIGGERED ME?

- | | |
|---------------------------------------|--------------------------------------|
| 1. I felt powerless. | 11. I felt uncared for. |
| 2. I felt judged. | 12. I felt like the bad guy. |
| 3. I felt unheard. | 13. I felt forgotten. |
| 4. I felt unsafe. | 14. I felt unloved. |
| 5. I felt excluded. | 15. I felt manipulated. |
| 6. I felt blamed. | 16. I felt frustrated. |
| 7. I felt disrespected. | 17. I felt trapped. |
| 8. I felt a lack of attention. | 18. I felt disconnected. |
| 9. I felt lonely. | 19. I felt controlled. |
| 10. I felt like I couldn't be honest. | 20. I felt like I couldn't speak up. |

FROM OVERWHELMED TO
EMPOWERED

CEDRIC

I was told if I want to visit what
great lesbian bars used to be
like, I should just open one.

It'd usually be hosting witchy rituals,
mutual aid meetups, drag king comedy

DJs playing soft or
experimental music

Non-alcoholic cocktail specials but
multiple fancy free water options

There would be books,
nooks, multiple ways to
sneak out unseen

There would be no TVs
There would be Massages
There would be Vegan food

Bar staff cross trained as Doulas,
Restorative Justice / Conflict Coaches

No cis-het men allowed unless
brought by a friend
even if they help fund the place

These would be some of the regulars:



Joyful latino young-adult male with short black hair and brown eyes

Joyful asian young-adult male with short black hair and brown eyes

Neutral latino young-adult female with short brown hair and brown eyes

My Daily Walk daydreams, chats with and depends on friends, with its own inner dialogue about what it would mean to unmask a little bit more everyday, but I question authenticity...

I generated this collection of AI faces I could use in case I wanted to anonymize my own image on social media. It reminds me that we can avoid detection in an infinite queer-ness.



Binding or Living Under A Veil

Tomorrow will be the day I'll ask if we can open the book of possibilities and hangout in a different way. To discover more than what is on the surface and delve into the desires we both want to encounter. Tomorrow will be the day to step out of my comfort zone and embrace the kinetic fields to recreate a space beyond the unknown.

It's always nice to feel like you have a sincere friend, which should always be our first interaction. So, tomorrow will be the day I say good luck to me, good luck to you and good luck to what can happen between us.

Today, I feel the need to bind my breast. I am self-conscious and wanting to wear the whole day my fitted shirt. Can they tell us a part? My round knobs are here. Hell, binding is just another process for me in the morning.

Passing as a flat chested man is another labor intense, high-maintenance woman aiming to feel beautiful amongst a crowd of bodies. Oh well, it's a process of tomorrow and today to becoming my real. I will figure out the binding and move beyond this veil.

D.





Release, Unloose or Rethink



fitted, doesn't fit...I can find my fit



forces, between the spirit of innovation and the obstinacy of tradition.

The Created Self



A View behind the Curtain

dancer, whether sitting, standing, kneeling or lying down, caves in as if suddenly hit with a blow to the center of her body. But "caves in" is the wrong term if that implies any relaxation of tension. This impulse may be a small one or a series of small ones that affect the body only slightly and momentarily, but it may also be huge, causing her arms to swing sharply forward, her head to bow over, completing the curve in her back. Or perhaps her head lifts, her arms stretch out, her hands cup in miniature make her twist, spiral, or

make her twist, spiral, or

Items in
* Luka *
Vt Pike Place
Oatmilk 1/2

LUKA



CHAVIA

Notice how it feels to make time for yourself

BUSINESS AS USUAL
You can't predict the future. But you should allow yourself to adapt to it.

DAILY JAY

Share

Peace. It does not mean to be in a place where there is no trouble, noise, or hard work. It means to be in the midst of those things and still be calm in your heart.

Unknown



#DAILYCALM

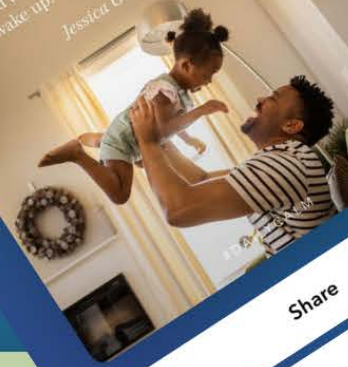
Calm

Share

We hope you enjoyed that meditation

You don't need to earn your awakening, you just need to put both feet in and remember to wake up. Now. And now. And now.

Jessica Graham



Share

PROGRAM YOUR MENTAL

If there's a mental or emotional state you want to experience more often, find an object that represents it, and put it in a spot where you're guaranteed to see it. A plant, a photo, or a painting can help program how you feel.

DAILY JAY

Calm

Share

"You can't do anything about the length of your life, but you can do something about its width and depth."

EVAN ESAR

Share

Don't aim at success - the more you aim at it and make it a target, the more you are going to miss it. For success, like happiness, cannot be pursued; it must ensue.

Viktor Frankl



#DAILYCALM

Calm

Share

The privilege of a lifetime is being who you are.

Joseph Campbell



#DAILYCALM

Calm

Share

Let everything happen to you: beauty and terror. Just keep going. No feeling is final.

Rainer Maria Rilke



Share

My breath

My breath is unique,
challenged, syncopated
wonderful, mysterious

My breath allows me to
move, dance, swim, roam,
explore

My breath knows love, bliss
warmth, embrace

My breath knows pain,
struggle, stress, fear,
anxiety, sadness, trauma,
loss, pressure

My breath knows pain,
struggle, stress, fear,
anxiety, sadness, trauma,
loss, pressure

My breath knows pain,
struggle, stress, fear,
anxiety, sadness, trauma,
loss, pressure



Deep breath. Deep breath.
Count to three..

1.. 2... 3...

My breath knows grace,
peace, calm, forgiveness

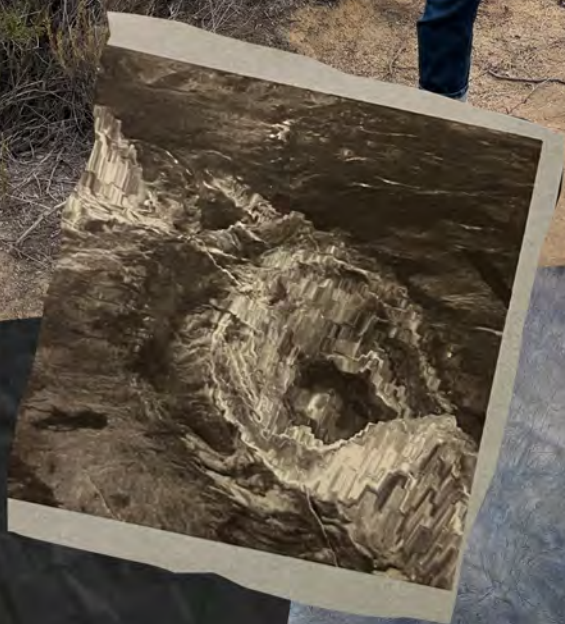
My breath is learning, growing

My breath is
beautiful, deep,
connected.

1.. 2... 3...

K.

i live between the everything and these parts
torn and tucked, stitched and unstuck



i of the half-nip walkers

i of the knee deep
gender benders

NEED LIVE !!!

i of the
x sex markers

i of the
infinity loop
renderers

Artist Credits

Top Right: Le Tigre / feminist sweepstakes 2001

Bottom Right: Moffat Takadiwa, Three Little

Witches/Karoi 2021

it takes

alllll

of this

trans time

to keep

finding

my way.

i am leaving the land of round
half nip half flat lunar body now
i walk pocked
and puckered

and will learn to love
this hollow

Edition

this medicine of broken
how we break to find our way

"BEING NON-
BINARY IS ABOUT
EMBRACING MY
FLUIDITY, MY
BECOMING, MY
JOURNEY WITHOUT
FIXED DESTINATION."

—ALOK V MENON



**Cody
Brunelle-Potter**
IG@ CPOTTERP



K. Bradford
IG@ MISTERROADSHOW



D. HILL
IG@ COOL MOE D



Chavia Blankenship
IG@ CHAVIAKNIGHT

GUEST ARTISTS
Luka Fisher
Cedric Tai



IG@ INVERTIGODANCE

INVERTIGODANCE.ORG

Tag us! #InvertigoDance & #WalktheWalk

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KJAW

THANK YOU!



KJAW

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